Cheri Hill's Irie Dance draws on research into Hill's African American ancestors. It shares a bill with work by Gabriel Christian and Chibueze Crouch in the Performing Diaspora series, and runs Dec. 5-14 at CounterPulse in S.F. Photo: Imani Karpovich

How do artists draw on cultural traditions to keep connected to the past while innovating into the future? For 10 years, CounterPulse's Performing Diaspora has offered answers to this question in the form of diverse performances by artists who trace their histories and influences beyond borders.

This month's installment brings new work by Cherie Hill and her company Irie Dance, whose multi-media “She-Verse” draws on research into her African American ancestors, and ideas of eco-feminism.

On the same program, Gabriel Christian and Chibueze Crouch's “mouth/full” mines their personal histories as queer artists raised with Christian dogma, calling on Afro-diasporic spiritual traditions to explore an inclusive experience of black-bodied faith.

"Performing Diaspora": Cherie Hill IrieDance and Gabriel Christian and Chibueze Crouch. 7:45 p.m. Thursday-Saturday Dec. 5-7 and 12-14. CounterPulse, 80 Turk St., S.F. $20-$35; Thursdays are “Pay What You Can.” 415-626-2060. counterpulse.org/performingdiaspora2019

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